

WHAT'S ON JULY / AUGUST / SEPTEMBER 2025

Unless otherwise stated, all activities and events take place using Zoom or MeetUpCall, with capability for you to join in by telephone. The event will state which application it uses.

Using Zoom

Unless stated, just follow this link to access Sight Advice Zoom Meetings: <https://us02web.zoom.us/j/4580437872>

Alternatively, go to the Zoom website and use Meeting ID 458 043 7872 for all events. To access Zoom, go to www.zoom.us

If you wish to join on the landline telephone, please dial 0203 481 5237 and when asked put in the Meeting ID 458 043 7872

You might also be asked to enter hash at the end of this number (bottom right button on phone dial). The call may be charged at a local rate, however if, like many people, you have a free calls package it will probably be free. If in doubt, please check with your phone provider.

Using MeetUpCall

People will be dialled in so please get in touch to be added to the meeting. Your phone will ring at the time of the session. Answer your phone and you will be asked to press 1 and you will then be in the session.

Alternatively, you can dial 0300 37 30965 from a landline and enter room code 172 272 76 just after the stated time of the event.

Please dial in if you have Call Guardian on your phone, DO NOT disable it to access these sessions. The call is free from landlines but not mobiles.

JULY

We do run other one off events – please look for posters.

Tues 1st	2pm	Sedbergh Community Group – People’s Hall, Sedbergh
Thurs 3rd	7pm	Book at Bedtime – MeetUpCall
Fri 4th	10am	Coffee Morning Quiz with Mr Quizoh – Zoom
Tues 8th	2pm	Games Group – Bradbury Centre
Wed 9th		Office closed for staff training
Thurs 10th	10am	Living Well: How to make the most of life with sight loss – Zoom
Thurs 10th	7pm	Book at Bedtime – MeetUpCall
Mon 14th	2pm	Kendal Community Group – Bradbury Centre
Wed 16th	10am	Windermere Community Group – Goodly Dale Centre, Windermere
Wed 16th	10am	Walking Group – call for more info
Thurs 17th	7pm	Book at Bedtime – MeetUpCall
Fri 18th	10am	Coffee Morning Quiz with Mr Quizoh – Zoom
Mon 21st	10am	Arnside Community Group – Arnside Methodist Church
Tues 22nd	2pm	Games Group – Bradbury Centre
Thurs 24th	10am	Future Vision Assistive Technology Workshop - Zoom
Thurs 24th	7pm	Book at Bedtime – MeetUpCall
Fri 25th	1-4pm	Summer Fair – Unitarian Chapel, Kendal
Tues 29th	2pm	Games Group – Bradbury Centre

AUGUST

Fri 1st	10am	Coffee Morning Quiz with Mr Quizoh – Zoom
Tues 5th	2pm	Sedbergh Community Group – People’s Hall, Sedbergh
Thurs 7th	10am	Living Well: How to make the most of life with sight loss – Zoom
Thurs 7th	7pm	Book at Bedtime – MeetUpCall
Mon 11th	2pm	Kendal Community Group – Bradbury Centre
Wed 13th	10am	Walking Group – Cunswick Scar
Thurs 14th	7pm	Book at Bedtime – MeetUpCall
Fri 15th	10am	Coffee Morning Quiz with Mr Quizoh – Zoom
Mon 18th	10am	Arnside Community Group – Arnside Methodist Church
Wed 20th	10am	Windermere Community Group – Goodly Dale Centre, Windermere
Thurs 21st	10am	Future Vision Assistive Technology Workshop – Zoom
Thurs 21st	7pm	Book at Bedtime – MeetUpCall
Mon 25th		Office Closed – Bank Holiday
Thurs 28th	7pm	Book at Bedtime – MeetUpCall
Fri 29th	10am	Coffee Morning Quiz with Mr Quizoh – Zoom

SEPTEMBER

Tues 2nd	2pm	Sedbergh Community Group – People’s Hall, Sedbergh
Tues 2nd	10am	Craft Group
Thurs 4th	7pm	Book at Bedtime – MeetUpCall
Fri 5th	10am	Coffee Morning Quiz with Mr Quizoh – Zoom
Mon 8th	2pm	Kendal Community Group – Bradbury Centre
Tues 9th	2pm	Games Group – Bradbury Centre
Wed 10th	10am	Walking Group – Bolton Le Sands

Thurs 11th	10am	Living Well: How to make the most of life with sight loss – Zoom
Thurs 11th	7pm	Book at Bedtime
Mon 15th	10am	Arnside Community Group – Arnside Methodist Church
Mon 15th	10am	Craft Group
Wed 17th	10am	Windermere Community Group – Goodly Dale Centre, Windermere
Thurs 18th	7pm	Book at Bedtime – MeetUpCall
Fri 19th	10am	Coffee Morning Quiz with Mr Quizoh – Zoom
Tues 23rd	2pm	Games Group – Bradbury Centre
Thurs 25th	10am	Future Vision Assistive Technology Workshop – Zoom
Thurs 25th	7pm	Book at Bedtime – MeetUpCall