

WHAT'S ON OCTOBER / NOVEMBER / DECEMBER 2025

Unless otherwise stated, all activities and events take place using Zoom or MeetUpCall, with capability for you to join in by telephone. The event will state which application it uses.

Using Zoom

Unless stated, just follow this link to access Sight Advice Zoom Meetings: <https://us02web.zoom.us/j/4580437872>

Alternatively, go to the Zoom website and use Meeting ID 458 043 7872 for all events. To access Zoom, go to www.zoom.us

If you wish to join on the landline telephone, please dial 0203 481 5237 and when asked put in the Meeting ID 458 043 7872

You might also be asked to enter hash at the end of this number (bottom right button on phone dial). The call may be charged at a local rate, however if, like many people, you have a free calls package it will probably be free. If in doubt, please check with your phone provider.

Using MeetUpCall

People will be dialled in so please get in touch to be added to the meeting. Your phone will ring at the time of the session. Answer your phone and you will be asked to press 1 and you will then be in the session.

Alternatively, you can dial 0300 37 30965 from a landline and enter room code 172 272 76 just after the stated time of the event.

Please dial in if you have Call Guardian on your phone, DO NOT disable it to access these sessions. The call is free from landlines but not mobiles.

OCTOBER

We do run other one-off events – please look for posters.

Thurs 2nd	3pm	Tea-Time Tales – MeetUpCall
Fri 3rd	10am	Coffee Morning Quiz with Mr Quizoh – Zoom
Tues 7th	2pm	Sedbergh Community Group – People’s Hall, Sedbergh
Tues 7th	10am	Craft Group – Castle Street Centre
Thurs 9th	10am	Living Well: How to make the most of life with sight loss – Zoom
Thurs 9th	3pm	Tea-Time Tales – MeetUpCall
Fri 10th	All day	Collection at Morrisons
Mon 13th	2pm	Kendal Community Group – Bradbury Centre
Tues 14th	2pm	Games Group – Bradbury Centre
Wed 15th	10am	Windermere Community Group – Goodly Dale Centre, Windermere
Thurs 16th	3pm	Tea-Time Tales – MeetUpCall
Fri 17th	10am	Coffee Morning Quiz with Mr Quizoh – Zoom
Mon 20th	10am	Arnside Community Group – Arnside Methodist Church
Thurs 23rd	10am	Future Vision Assistive Technology Workshop – Zoom
Thurs 23rd	1.30pm – 3.30pm	Harvest Afternoon – tickets limited, so please call 01539 769055 to book
Thurs 23rd	3pm	Tea-Time Tales – MeetUpCall
Tues 28th	2pm	Games Group – Bradbury Centre
Thurs 30th	3pm	Tea-Time Tales – MeetUpCall

NOVEMBER

Tues 4th	10am	Craft Group – Castle Street Centre
Fri 7th	10am	Coffee Morning Quiz with Mr Quizoh – Zoom
Tues 4th	2pm	Sedbergh Community Group – People’s Hall, Sedbergh
Thurs 6th	10am	Living Well: How to make the most of life with sight loss – Zoom
Thurs 6th	1.30pm	Bingo Afternoon – contact us on 01539 769055 to book your place
Thurs 6th	3pm	Tea-Time Tales – MeetUpCall
Fri 7th	10am	Coffee Morning Quiz with Mr Quizoh – Zoom
Fri 7th TBC	7pm	SASL Annual Quiz – Netherfield Cricket Club TBC
Mon 10th	2pm	Kendal Community Group – Bradbury Centre
Tues 11th	2pm	Games Group – Bradbury Centre
Wed 12th		Walking Group – Cunswick Scar
Thurs 13th	3pm	Tea-Time Tales – MeetUpCall
Mon 17th	10am	Arnside Community Group – Arnside Methodist Church
Wed 19th	10am	Windermere Community Group – Goodly Dale Centre, Windermere
Thurs 20th	10am	Future Vision Assistive Technology Workshop – Zoom
Thurs 20th	3pm	Tea-Time Tales – MeetUpCall
Fri 21st	10am	Coffee Morning Quiz with Mr Quizoh – Zoom
Tues 25th	2pm	Games Group – Bradbury Centre
Thurs 27th		New ‘Wings of Fortune’ draw / starts
Thurs 27th	3pm	Tea-Time Tales – MeetUpCall

DECEMBER

Mon 1st		Launch of SASL Christmas Appeal and Christmas Grand Draw
Tues 2nd	10am	Craft Group – the café at Booths. NB this will be the last Craft Group.
Tues 2nd	2pm	Sedbergh Community Group – People’s Hall, Sedbergh
Thurs 4th	3pm	Tea-Time Tales – MeetUpCall
Fri 5th	10am	Coffee Morning Quiz with Mr Quizoh – Zoom
Mon 8th	2pm	Kendal Community Group – Bradbury Centre
Tues 9th	2pm	VITAL Christmas meal
Wed 10th		Walking Group – Bolton Le Sands
Thurs 11th	10am	Living Well: How to make the most of life with sight loss – Zoom
Thurs 11th	3pm	Tea-Time Tales – MeetUpCall
Sat 13th	All day	Collection at ASDA
Mon 15th	10am	Arnside Community Group – Arnside Methodist Church
Wed 17th	10am	Windermere Community Group – Goodly Dale Centre, Windermere
Thurs 18th	3pm	Tea-Time Tales – MeetUpCall
Fri 19th	All day	Collection at Morrisons
Fri 19th	10am	Coffee Morning Quiz with Mr Quizoh – Zoom
Wed 24th		<u>SASL office closes for Christmas & New Year. We will reopen on Monday 5th January 2026</u>