

## WHAT'S ON      JANUARY / FEBRUARY / MARCH 2026

Unless otherwise stated, all activities and events take place using Zoom or MeetUpCall, with capability for you to join in by telephone. The event will state which application it uses.

### Using Zoom

Unless stated, just follow this link to access Sight Advice Zoom Meetings: <https://us02web.zoom.us/j/4580437872>

Alternatively, go to the Zoom website and use Meeting ID 458 043 7872 for all events. To access Zoom, go to [www.zoom.us](http://www.zoom.us)

If you wish to join on the landline telephone, please dial 0203 481 5237 and when asked put in the Meeting ID 458 043 7872

You might also be asked to enter hash at the end of this number (bottom right button on phone dial). The call may be charged at a local rate, however if, like many people, you have a free calls package it will probably be free. If in doubt, please check with your phone provider.

### Using MeetUpCall

People will be dialled in so please get in touch to be added to the meeting. Your phone will ring at the time of the session. Answer your phone and you will be asked to press 1 and you will then be in the session.

Alternatively, you can dial 0300 37 30965 from a landline and enter room code 172 272 76 just after the stated time of the event.

Please dial in if you have Call Guardian on your phone, DO NOT disable it to access these sessions. The call is free from landlines but not mobiles.

## JANUARY

We do run other one-off events – please look for posters.

<b>Tues 6th</b>	<b>2pm</b>	<b>Games Group – Bradbury Centre</b>
<b>Tues 6th</b>	<b>2pm</b>	<b>Sedbergh Community Group – People's Hall, Sedbergh</b>
<b>Thurs 8th</b>	<b>10am</b>	<b>Living Well: How to make the most of life with sight loss – Zoom</b>
<b>Thurs 8th</b>	<b>3pm</b>	<b>Tea-Time Tales – MeetUpCall</b>
<b>Mon 12th</b>	<b>2pm</b>	<b>Kendal Community Group – Bradbury Centre</b>
<b>Thurs 15th</b>	<b>3pm</b>	<b>Tea-Time Tales – MeetUpCall</b>
<b>Thurs 15th</b>	<b>10am</b>	<b>Future Vision Assistive Technology Workshop – Zoom</b>
<b>Fri 16th</b>	<b>10am</b>	<b>Coffee Morning Quiz with Mr Quizoh – Zoom</b>
<b>Mon 19th</b>	<b>10am</b>	<b>Arnside Community Group – Arnside Methodist Church</b>
<b>Tues 20th</b>	<b>2pm</b>	<b>Games Group – Bradbury Centre</b>
<b>Wed 21st</b>	<b>10am</b>	<b>Windermere Community Group – Goodly Dale Centre, Windermere</b>
<b>Thurs 22nd</b>	<b>1.30 – 3.30pm</b>	<b>Burns' Afternoon – Bradbury Centre. Tickets are limited so please call 01539 769055 to book your place.</b>
<b>Thurs 22nd</b>	<b>3pm</b>	<b>Tea-Time Tales – MeetUpCall</b>
<b>Tues 27th</b>	<b>1.30 – 3.30pm</b>	<b>Find out more about volunteering with us (drop in) – Bradbury Centre</b>
<b>Thurs 29th</b>	<b>3pm</b>	<b>Tea-Time Tales – MeetUpCall</b>

## FEBRUARY

<b>Tues 3rd</b>	<b>2pm</b>	<b>Games Group – Bradbury Centre</b>
<b>Tues 3rd</b>	<b>2pm</b>	<b>Sedbergh Community Group – People's Hall, Sedbergh</b>
<b>Thurs 5th</b>	<b>10am</b>	<b>Living Well: How to make the most of life with sight loss – Zoom</b>
<b>Thurs 5th</b>	<b>3pm</b>	<b>Tea-Time Tales – MeetUpCall</b>
<b>Fri 6th</b>	<b>10am</b>	<b>Coffee Morning Quiz with Mr Quizoh – Zoom</b>
<b>Mon 9th</b>	<b>2pm</b>	<b>Kendal Community Group – Bradbury Centre</b>
<b>Thurs 12th</b>	<b>3pm</b>	<b>Tea-Time Tales – MeetUpCall</b>
<b>Mon 16th</b>	<b>10am</b>	<b>Arnside Community Group – Arnside Methodist Church</b>
<b>Mon 16th</b>	<b>7pm for 7.30pm</b>	<b>Annual SASL Quiz – Netherfield Cricket Club. In memory of Chris Jackson. £3 per person. Teams of 1-6 people are welcome.</b>
<b>Tues 17th</b>	<b>2pm</b>	<b>Games Group – Bradbury Centre</b>
<b>Wed 18th</b>	<b>10am</b>	<b>Windermere Community Group – Goodly Dale Centre, Windermere</b>
<b>Thurs 19th</b>	<b>10am</b>	<b>Future Vision Assistive Technology Workshop – Zoom</b>
<b>Thurs 19th</b>	<b>3pm</b>	<b>Tea-Time Tales – MeetUpCall</b>
<b>Fri 20th</b>	<b>10am</b>	<b>Coffee Morning Quiz with Mr Quizoh – Zoom</b>
<b>Thurs 26th</b>	<b>3pm</b>	<b>Tea-Time Tales – MeetUpCall</b>

**MARCH**

<b>Tues 3rd</b>	<b>2pm</b>	<b>Games Group – Bradbury Centre</b>
<b>Tues 3rd</b>	<b>2pm</b>	<b>Sedbergh Community Group – People's Hall, Sedbergh</b>
<b>Thurs 5th</b>	<b>10am</b>	<b>Living Well: How to make the most of life with sight loss – Zoom</b>
<b>Thurs 5th</b>	<b>1.30 – 3.30pm</b>	<b>Social Bingo Afternoon – Bradbury Centre. Spaces are limited so please call 01539 – 769055 to book your place (for a suggested minimum donation of £3).</b>
<b>Thurs 5th</b>	<b>3pm</b>	<b>Tea-Time Tales – MeetUpCall</b>
<b>Fri 6th</b>	<b>10am</b>	<b>Coffee Morning Quiz with Mr Quizoh – Zoom</b>
<b>Mon 9th</b>	<b>2pm</b>	<b>Kendal Community Group – Bradbury Centre</b>
<b>Thurs 12th</b>	<b>3pm</b>	<b>Tea-Time Tales – MeetUpCall</b>
<b>Mon 16th</b>	<b>10am</b>	<b>Arnside Community Group – Arnside Methodist Church</b>
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<b>Thurs 26th</b>	<b>3pm</b>	<b>Tea-Time Tales - MeetUpCall</b>